

Confident Speaking for Women

Presentation by Ruth Bonetti

(May be presented as a Half-Day Seminar according to Modules below)

Young people, trained in "Show and Tell" since pre-school, assert themselves confidently. Male voices project easily, helped by the ballast of their physiology. Yet many women struggle to make their voices heard. They may be educated, intelligent, articulate, yet find it difficult to overcome society's conditioning that female voices carry less weight. Some women have forced their voices lower in an effort to gain street cred – running the risk of vocal damage! Such tactics are not necessary, with Ruth Bonetti's practical, do-able and empowering techniques.

WOMENS' VOICES – and how to enhance them:

Your voice is your tool of trade... Voice care to project with ease

Your voice is your identity... Enhance your natural voice

Your voice is your instrument... Make it music to listeners' ears

- Simple tips to improve your natural voice quality and projection
- How to project with ease in poor acoustics, difficult arenas

HANDLING SPECIFIC SITUATIONS: "I wish I'd said..."

WOMEN@BUSINESS/WORK:

How to present a professional, poised and polished image in your:

- Voice mail message and telephone manner
- Interviews
- Board or team meeting, AGM or conference
- Relating to your boss and colleagues

WOMEN@HOME:

- Handling young children, teenage and young adult trials
- Partner confrontations
- Parents and the elderly

WOMEN@LARGE:

- Network functions, parent-teacher meetings
- Weddings, funerals and in-between (medical practitioners, legals)
- Road rage and other confrontations

"So many commented that the course helped them professionally and has been instrumental with their job advancement. They love your positive, empathetic and lively style."

– Lynette Palmén, Women's Network Australia

Ruth Bonetti

Creates Confidence

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ABOUT THE PRESENTER:



RUTH BONETTI APS, ARCM, M.Mus.

Ruth Bonetti CREATES CONFIDENCE for presenters with her proven techniques to conquer presentation anxiety - that #1 Fear in Society. She shows how to channel adrenaline to lift presentations from the merely mundane to exhilarating, enriching communication.

Ruth presents a unique and memorable blend of “infotainment” and holistic, empowering techniques to enhance communication skills – highlighted by empathy and humour.

Author of 10 books including *Don't Freak Out - Speak Out; Public Speaking with Confidence*, she has published numerous articles in the UK, USA and Australia.

Ruth polished platform poise in her international music career in Europe, Australia and USA; during her interactive presentations, she demonstrates projection, voice resonance and posture with her clarinet. She illustrates stories with her acting and artistic abilities, giving lively, content-rich presentations that appeal to all learning styles.

Ruth has presented and performed extensively in Europe (speaking German, French and Swedish) and Australia, and her American seminars were repeated by popular demand. Clients include Queensland and Northern Territory Governments; Australia – Japan Foundation (Department of Foreign Affairs and Trade); Queensland Institute for Medical Research; Westpac (Women in Business) and Minale Bryce Design. She is an Accredited Professional Speaker of National Speakers Association, Australia.

She is also available for individual coaching, and participants report significant success through training with her.

During her humorous and interactive presentations, audience members learn to be fantastic on their feet – to shine in presentation. Ruth's unique, practical and do-able techniques empower participants for poised, confident communication.

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WHAT THEY'RE SAYING ABOUT RUTH'S PRESENTATIONS:

"The Australian Institute of Management is proud to have a speaker such as you to present to us. The audience was attuned to your every word."

Cath Healy, Events Coordinator, AIM Queensland

"Thank you so much, Ruth, for enriching the lives of our staff with such a professional and enlightening presentation. The feedback has been fantastic!"

Sheena Harris, Manager, Westpac Business Direct

"Ms Bonetti was fully prepared for the presentation, both culturally and subject-wise, and delivered in a very professional manner. It was both culturally sensitive and targeted areas of speech that Japanese have difficulty with. The course provided a lot of variety to keep them interested."

Lyn Wing, Executive Officer, Australia-Japan Foundation

"Ruth Bonetti has a rare, perhaps unique expertise in performance preparation and conduct. Students responded so positively to her coaching and seminars that we had to expand her workload and schedule additional sessions. I cannot say enough positive about her work as a performance coach."

**Dr Victor E. Gebauer, Executive Director,
Lutheran Summer Music Program, Minneapolis, USA**

"The feedback from our staff was enthusiastic and positive; it was entertaining but informative, very refreshing, constructive and non-threatening. For myself, I now know that I can handle any public speaking opportunities and will have the ability to make the most of them."

Joan Falconer, Associated Planners Financial Services

"Ruth was expert at including everyone in attendance and making it fun and helpful. Both faculty and students were caught up in her charming and sincere manner of presentation. It was a wonderful experience. I am happy to recommend Ruth Bonetti's work, both in print and her workshops/coaching sessions. She is making a much-needed contribution to our profession."

Mary Natvig, Ph.D. Assoc. Professor, Bowling Green State University, Ohio, USA

"Thank you for your inspiring seminar on Communication. You were able to fit the mind-set and address staff issues – confidence, faith in their own ability, brevity and relevance as well as the lovely yoga session which relaxed everyone. They all enjoyed the experience. We look forward to being Bonettied again,"

Michael Bryce, Partner, Minale Bryce Design

"Since your coaching sessions, I've seen an enormous improvement in Leanne's presentation. She was terrific in her last presentation."

Jill Lange-Mohr, Director, Martin College

"You have worked a miracle!" – Cheryl Byrne, Brisbane