

## Faculty Professional Development Seminar

# SPEAK OUT WITH CONFIDENCE

***Your voice is your tool of trade...*** Voice care to project with ease  
***Your voice is your identity...*** Enhance your natural voice  
***Your voice is your instrument...*** Make it music to your listeners' ears

### YOUR VOICE

How to project with ease in poor acoustics, difficult arenas  
Persuasive delivery: articulation, enunciation, projection  
Simple tips to enhance your natural voice quality and projection  
5 Strategies to warm up your voice en-route to the presentation

### SIMPLE TIPS TO TURN ADRENALIN INTO ENERGY

How to channel adrenalin from jitters to powerful energy  
3 practical strategies to conquer brain fog and speak with clarity  
Breathe success into your presentation

### YOUR PRESENTATION

How to prepare for a confident seminar or Parent/Teacher meeting  
Body language, eye contact and presentation skills  
Command the room with natural, upright posture  
Technology Tips: power point, mic techniques  
On the Launch-pad; easy tips to focus and energise

### OPTIONAL EXTRAS FOR LONGER SESSIONS:

#### GETTING PHYSICAL

Cures for shakes, cold hands, jelly knees  
Food and Drink for optimum strength before presenting  
To Beta Block or not? Effective, natural alternatives  
Tips to deliver a clear, powerful and high-impact presentation

*Ruth's American seminars for Lutheran Summer Music were repeated by popular demand... she was invited to return the next year.*

"I was most impressed with your program... it was well structured and gave each participant a sense that he or she could improve."

– Merilyn Walsh, Head of Senior School, Ormiston College

"I enthusiastically support the work of Ruth Bonetti. She fills a need in the world of musicians with her teaching expertise, patience, understanding, creativity and charisma."

– Beth A. Ray, Assistant Professor: Voice, Ithaca College NY, USA

**Ruth Bonetti**

*Creates Confidence*

[ruth@ruthbonetti.com](mailto:ruth@ruthbonetti.com)

[www.ruthbonetti.com](http://www.ruthbonetti.com)

Ph: 61 7 3300 2286



## ABOUT THE PRESENTER:



**RUTH BONETTI** APS, ARCM, M.Mus.

Ruth Bonetti CREATES CONFIDENCE for presenters with her proven techniques to conquer presentation anxiety and to project a resonant voice. She shows how to channel adrenaline to lift presentations from the merely mundane to exhilarating, enriching communication.

Ruth presents a unique and memorable blend of holistic, empowering techniques to enhance communication skills – highlighted by empathy and humour.

Author of 10 books including *Don't Freak Out - Speak Out; Public Speaking with Confidence*, she has published numerous articles in the UK, USA and Australia.

Ruth polished platform poise in her international music career in Europe, Australia and USA; during her interactive presentations, she demonstrates projection, voice resonance and posture with her clarinet. She illustrates stories with her acting and artistic abilities, giving lively, content-rich presentations that appeal to all learning styles.

Ruth has performed and presented Professional Development and student seminars extensively in Europe (speaking German, French and Swedish) and Australia at numerous universities (Victorian College for the Arts, University of Queensland, Griffith University, USQ); and at leading schools across Australia (including Scotch College, Brighton Grammar, Eltham College and MLC Melbourne; Canberra Grammar School and Canberra Girls' Grammar; SCEGGS and Trinity Grammar (Sydney), All Hallows, Ormiston College, St Laurences College in Queensland). She was a faculty member of Lutheran Summer Music Program, Minneapolis USA in 2000-2001, where her seminars were repeated by popular demand. Her teaching experience includes 15 years at Griffith University, Queensland Conservatorium and adjunct teaching in Sweden, France, Germany and England.

Corporate clients include Queensland and Northern Territory Governments; Australia – Japan Foundation (Department of Foreign Affairs and Trade); Queensland Institute for Medical Research; Westpac (Women in Business) and Minale Bryce Design. She is an Accredited Professional Speaker of National Speakers Association, Australia.

Ruth's unique, practical and do-able techniques empower participants to deliver poised, confident presentations.

**Ruth Bonetti**

*Creates Confidence*

[ruth@ruthbonetti.com](mailto:ruth@ruthbonetti.com)  
[www.ruthbonetti.com](http://www.ruthbonetti.com)

(61 7) 3300 2286 0411 782 404

## COMMENTS FROM RUTH BONETTI'S SEMINAR PRESENTATIONS

"Ruth Bonetti was a faculty asset far beyond our expectations. She has a rare, perhaps unique expertise in performance preparation and conduct. Students responded so positively to her coaching and vibrant personality that we had to expand her workload and schedule additional sessions. I cannot say enough positive about Mrs Bonetti's work as a performance coach. What is striking is her deep, caring, yet realistic sympathy for her students. She is quite intuitive in understanding their emotional, physical and technical needs in preparing for performance. I know of no one else with her specific credentials."

**Dr Victor E. Gebauer**

**Executive Director - 2001, Lutheran Music Program, Minneapolis, USA**

Ruth was expert at including everyone in attendance and making it fun and helpful. Both faculty and students were caught up in her charming and sincere manner of presentation. It was a wonderful experience. I am happy to recommend Ruth Bonetti's work, both in print and her workshops/coaching sessions. She is making a much-needed contribution to our profession."

**Mary Natvig, Ph.D. Associate Professor, Bowling Green State Uni, Ohio, USA**

"I was most impressed with your presentation. It was well structured and designed to provide each musician with an immediate sense that he or she could improve, using the strategies you were offering. While the strategies I saw you presenting and teaching were for musicians, they are really generic learning strategies. It was presented in a credible manner and with high energy."

**Merilyn Walsh, Head of Senior School, Ormiston College**

"I find your book more useful to me on a daily basis than most I have read. I can also attest to the value of your performance preparation lectures. I appreciate your encouragement to those performers who suffer from 'greeblies' to face their fears so that the artist within emerge."

**David Oyen, D.M.A. Assistant Professor, Morehead State University, Kentucky, USA**

"Thank you for your terrific sessions. The feedback from staff and students has been excellent!"

**Margaret Arnold, Director of Music, Methodist Ladies College, Melbourne**

"Overwhelmingly, our visitors thought it a rewarding experience. You clearly made great efforts to understand the cultural and linguistic challenges." – **Don Smith, Director, Australia – Japan Foundation**

"The students liked your lively interactive style, and the visual impact of the Power Point presentation. As always, I found the presentation to be well-organised and thought-provoking."

**Gwyn Roberts, Senior Lecturer, School of Music, University of Queensland**

"Thank you for the seminars you presented for the Music Teachers Association. It was a great afternoon, and I'm sure everyone came away inspired and ready to conquer their sabre toothed tigers!"

**Miriam, Dawood, President, Music Teachers Association, Gold Coast**

"Ruth delighted the participants with her infectious good humour and vibrant personality. Her presentations were a highlight due to Ruth's charisma, and her ability to involve everyone was simply amazing; she created tremendous debate and enthusiasm. "

**Malcolm F. Potter, President, Music Teachers' Asscn., South Australia**

"It was wonderful to have you reinforce many of the ideas that they work with their students and also to be presented with a repertoire of new approaches to 'old' problems."

**John Quaine, Asst. Director of Music, Brighton Grammar School**

Thank you for your insightful and entertaining seminar. Your accessible techniques and 'common sense' advice provided a great deal of inspiration for further discussion and activities in the classroom."

**Daniel Dries, Head of Music, SCEGGS Darlinghurst, Sydney**

"Thank you so much, Ruth, for enriching the lives of our staff with such a professional and enlightening presentation. The feedback has been fantastic!"

**Sheena Harris, Manager, Westpac Business Direct**

"Ms Bonetti was fully prepared for the presentation, both culturally and subject-wise, and delivered in a very professional manner. It was both culturally sensitive and targeted areas of speech that Japanese have difficulty with. The course provided a lot of variety to keep them interested."

**Lyn Wing, Executive Officer, Australia-Japan Foundation**