International Students’ Communication Skills Seminar

HOW TO SPEAK OUT WITH CONFIDENCE, CLARITY, CONVICTION

Half-day, One-Day and Two-Day Programs, according to choice of these modules:

Opening Overview: 7 EASY HABITS TO SPEAK CONFIDENTLY
5 Easy Ways to conquer nerves and present with poise
Holistic, practical ways to prepare for a confident presentation
How to channel adrenaline into energy, focus

Practical Workshop:
Presentation skills; a positive first impression; how others see and hear us

PART 1: YOUR CONTENT
• How to clear “brain-fog” and think “on your feet”
• How simple Kinesiology exercises enable whole-brain thought and expression
• Mind maps and note taking to focus, simplify arguments, encapsulate points

YOUR WORDS: HOW TO WRITE A WINNING PRESENTATION
Choose words for impact.
We brainstorm:
• Strong, active verbs
• Words that persuade
• Graphic illustration; the use of colourful imagery, metaphor, story
• Assertive language and delivery for rebuttal
• Simple, natural, positive language

YOUR DICTION
Remedial help with pronunciation with focus on ‘l’, ‘r’, ‘th’ and ‘si/ci’ sounds
Practical component: Improve enunciation and articulation with poems, haiku
We video short presentations, analyse and improve

YOUR DELIVERY
• Pause for effect, pacing
• Breathe vitality into your presentation
• We video short presentations, analyse and improve delivery and poise
to achieve a polished presentation

Ruth Bonetti
Grades Conference

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PART 2: PRESENTATION SKILLS

HOW TO CREATE A POSITIVE FIRST IMPRESSION

*POSITIVE POSTURE = POSITIVE PROJECTION*

Hear how posture affects tone, timbre, projection, enunciation and articulation (demonstrated with a brief clarinet performance)

Practical component: (via simple application with video appraisal)
- Poised, upright posture
- Establishing rapport through gesture, eye contact, facial expression
- Positive body language and presentation manner

YOUR VOICE

*Your voice is your instrument...* Make it music to your listeners’ ears
*Your voice is your tool of trade...* Voice care to project with ease
*Your voice is your identity...* Enhance your natural voice

How to improve your natural voice quality, resonance and projection
Your vocal timbre – the power of a smile

Practical component: tape/video and replay, analysis

HOW TO WARM-UP YOUR VOICE GOING TO A PRESENTATION

How to open and relax your throat
How to hydrate your vocal folds
How to loosen facial muscles and thus improve articulation
How to find your natural vocal range

THE MINUTES BEFORE PRESENTING

How to focus and poise using Brain Gym (Kinesiology)
Count down to presentation; the minutes before walking on

THE PRESENTATION

- Platform poise; handling mishaps on your feet
- Audience interaction; eye contact, the power of a smile, gesture
- Delivery of a polished and confident presentation

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ABOUT THE PRESENTER:

RUTH BONETTI  APS, ARCM, M.Mus.

Ruth Bonetti CREATES CONFIDENCE for presenters with her proven techniques to conquer presentation anxiety - that #1 Fear in Society. She shows how to channel adrenaline to lift presentations from the merely mundane to exhilarating, enriching communication.

Ruth presents a unique and memorable blend of “infotainment” and holistic, empowering techniques to enhance communication skills – highlighted by empathy and humour.

Author of 10 books including Don't Freak Out - Speak Out; Public Speaking with Confidence, she has published numerous articles in the UK, USA and Australia.

Ruth polished platform poise in her international music career in Europe, Australia and USA; during her interactive presentations, she demonstrates projection, voice resonance and posture with her clarinet. She illustrates stories with her acting and artistic abilities, giving lively, content-rich presentations that appeal to all learning styles.

Ruth has presented and performed extensively in Europe (speaking German, French and Swedish) and Australia, and her American seminars were repeated by popular demand. Clients include Queensland and Northern Territory Governments; Australia – Japan Foundation (Department of Foreign Affairs and Trade); Queensland Institute for Medical Research; Westpac (Women in Business) and Minale Bryce Design. She is an Accredited Professional Speaker of National Speakers Association, Australia.

She is also available for individual coaching, and participants report significant success through training with her.

During her humorous and interactive presentations, audience members learn to be fantastic on their feet – to shine in presentation. Ruth's unique, practical and do-able techniques empower participants for poised, confident communication.

Ruth Bonetti

Creates Confidence

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WHAT THEY'RE SAYING ABOUT RUTH’S PRESENTATIONS:

“Overwhelmingly, our visitors thought it a rewarding experience. You clearly made great efforts to understand the cultural and linguistic challenges.”

Don Smith, Director, Australia – Japan Foundation

"Thank you so much, Ruth, for enriching the lives of our staff with such a professional and enlightening presentation. The feedback has been fantastic!"

Sheena Harris, Manager, Westpac Business Direct

“Ms Bonetti was fully prepared for the presentation, both culturally and subject-wise, and delivered in a very professional manner. It was both culturally sensitive and targeted areas of speech that Japanese have difficulty with. The course provided a lot of variety to keep them interested.”

Lyn Wing, Executive Officer, Australia-Japan Foundation

"So many commented that the course helped them professionally and has been instrumental with their job advancement. They love your positive, empathetic and lively style."

Lynette Palmen, Women’s Network Australia

"Ruth Bonetti has a rare, perhaps unique expertise in performance preparation and conduct. Students responded so positively to her coaching and seminars that we had to expand her workload and schedule additional sessions. I cannot say enough positive about her work as a performance coach."

Dr Victor E. Gebauer, Executive Director, Lutheran Summer Music Program, Minneapolis, USA

“The Australian Institute of Management is proud to have a speaker such as you to present to us. The audience was attuned to your every word.”

Cath Healy, Events Coordinator, AIM Queensland

“Thank you for your inspiring seminar on Communication. You were able to fit the mind-set and address staff issues – confidence, faith in their own ability, brevity and relevance as well as the lovely yoga session which relaxed everyone. They all enjoyed the experience. We look forward to being Bonettied again.”

Michael Bryce, Partner, Minale Bryce Design

“The feedback from our staff was enthusiastic and positive; it was entertaining but informative, very refreshing, constructive and non-threatening. For myself, I now know that I can handle any public speaking opportunities and will have the ability to make the most of them.”

Joan Falconer, Associated Planners Financial Services

“Ruth was expert at including everyone in attendance and making it fun and helpful. Both faculty and students were caught up in her charming and sincere manner of presentation. It was a wonderful experience. I am happy to recommend Ruth Bonetti’s work, both in print and her workshops/coaching sessions. She is making a much-needed contribution to our profession.”

Mary Natvig, Ph.D. Assoc. Professor, Bowling Green State University, Ohio, USA

Ruth Bonetti delighted the Summer School participants with her infectious humour, vibrant personality and ability to involve everyone. Her presentations were a highlight due to Ruth’s charisma.

Malcolm Potter, President, Music Teachers’ Association, South Australia

“You have worked a miracle!” – Cheryl Byrne, Brisbane (after her coaching session.)